



*Carers assist people who are unable to care for themselves and/or their families because of sickness, disability or old age.*

*Being a Carer is a real opportunity to make a difference in someone's life, helping them out when they can't help themselves.*

*Did you know: They say that the population is aging. So you'll never run out of customers!!!*

### **Some of the things you might do as a nurse include:**

- help with home duties such as cleaning and shopping for food
- provide friendship and company
- help with personal hygiene and care
- support the work of nurses and other medical professionals
- read the paper or books out loud

### **Other careers you might consider include:**

#### **Attendant Care Worker**

Provides care for disabled persons.

#### **You will be....**

- caring and supportive person
- you will respect for the rights of others
- you'll be good at home chores and duties
- you'll love helping people
- you'll have excellent communication skills.

#### **Education & Training**

You can become a carer without formal qualifications.

However, it helps your career prospects if you have a minimum of year 10 with either an Apprenticeship in Home and Community Care or a TAFE/Polytechnic course.

### **Additional Information**

Health Services Union of Australia: [www.hsuvic.net.au](http://www.hsuvic.net.au)

Community Services and Health Industry Skills Council: [www.cshisc.com.au](http://www.cshisc.com.au)